



INTERNATIONAL  
**GROWTH &  
DEVELOPMENT**  
CONFERENCE

**VIRTUAL  
IGD 2021  
SCIENTIFIC  
PROGRAM**

# IGDC Scientific Workshop Program

## Timings

**Tuesday 16<sup>th</sup> of March 2021**

**Start End Zoom Online Platform**

14:30 15:00 **Opening Remarks (Chair of the Conference)**  
**H.E. Sheikh Nahayan Mabarak Al Nahayan**  
Cabinet Member, Minister of Tolerance and Coexistence

15:00 15:30 **Plenary Session: Omega-3 Fatty Acids for Optimal Health Across the Life Course**  
**Prof. Philip Calder**  
Professor of Nutritional Immunology, Faculty of Medicine, University of Southampton, Southampton, United Kingdom

**Session 1 Ms. Wafaa Helmi Ayesh**

15:30 15:50 **Oral Tolerance : Myth or Reality!**  
**Prof. Joseph Haddad**  
Professor of Pediatrics  
St. George University Hospital & University of Balamand, Lebanon

15:50 16:10 **Role of Public-Private Partnerships in Addressing Childhood Obesity: Evidence from the Implementation and Regional Replication of Ajyal Salima**  
**Dr. Carla Habib**  
Lecturer, Faculty of Agriculture & Food Sciences  
American University Beirut, Lebanon

16:10 16:30 **Why Colostrum**  
**Prof. Wael Bahbah**  
Professor and Consultant of Pediatrics, Pediatric Clinical Nutrition, faculty of Medicine, Menoufia University, Egypt

16:30 16:50 **Failure to Thrive: The Clinical Tips!**  
**Dr. Eslam El-Baroudy**  
Consultant, Pediatric Department  
Sheikh Khalifa Medical City (SKMC), United Arab Emirates

**16:50 18:00 Exhibition Hall / Lounge / Break**

**Sponsored Session**

17:15 17:30 **TUAT Session**  
**Dr. Hiroki Wakamatsu**  
CEO, Tokyo University of Agriculture and Technology Research Institute Co. Ltd, Japan

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**Session 2** **Moderator - Dr. Amita Attlee**

18:00 18:20 **Metabolic Syndrome in Children and their Relationship to Diseases Fat Belly**  
**Dr. Osama Kamel Ali Al Alla**  
Sports Health Specialist, Sports Abu Dhabi Council, United Arab Emirates

18:20 18:40 **Energy Drinks & Junk Foods Consumption among School Children & Adolescents in UAE**  
**Ms. Aisha Al Mulla**  
Dietitian - Community Nutrition Department, Tawam Hospital, United Arab Emirates

18:40 19:00 **Effects of Exercise on Ad Libitum Food Intake**  
**Ms. Wafaa Helmi Ayesh**  
Consultant, Clinical Nutrition Department, Dubai Health Authority, United Arab Emirates

19:00 19:20 **Nutrition and Metabolic Health**  
**Dr. Jagmeet Madan**  
National President, Indian Dietetic Association, Principal & Professor, Department of Food Nutrition and Dietetics, Sir VithaldasThackersey College of Home Science (Autonomous) , SNTD Women's University, India

**19:20 19:30 Break**

**Session 3** **Moderator - Dr. Osama Alalla**

19:30 19:50 **Body Composition Profiling and Health Risk**  
**Dr. Carine Platat**  
Associate Professor, Department of Nutrition and Health, College of Medicine and Health Sciences, UAE University, United Arab Emirates

19:50 20:10 **Oxylipins and Polycystic Kidney Disease**  
**Dr. Naser Ibrahim**  
Assistant Professor, Department of Nutrition and Health, College of Medicine and Health Sciences, UAE University, United Arab Emirates

20:10 20:30 **The Importance of the Body Composition Analyses & How to Read the Results in Treating your Patients**  
**Ms. Razan Swaihat**  
Dietitian & Wellness Consultant  
NLV Medical Center, United Arab Emirates

20:30 20:50 **Recovery Meal**  
**Mr. Amjad Jarrar**  
Instructor, Department of Nutrition and Health, College of Medicine and Health Sciences, UAE University, United Arab Emirates

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**Wednesday 17th of March 2021**

**Start End Zoom Online Platform**

14:30 15:00 **Plenary: National Nutrition Guidelines**  
**Ms. Latefa Rashed**  
Head of Nutrition Department  
Ministry of Health, United Arab Emirates

**Session 4 Moderator: Prof. Ayesha Al Dhaheri**

15:00 16:30 **Nutritional Status and Complementary Feeding Practices of Infants and Toddlers: Findings from the FITS Study**

**The FITS KIDS Study: Methodology and Global Application**  
**Dr. Emma Jacquier** - Head of the Department of Nutrition Sciences, Nestlé Research, Switzerland

**The FITS Study in the UAE: How We Made it Happen**  
**Dr. Leila Cheikh Ismail** - Associate Professor, College of Health Sciences, University of Sharjah, UAE

**Nutritional Status & complementary Feeding Practices of Infants and Toddlers: Findings from the FITS Study in the UAE**  
**Prof. Nahla Hwalla** - Professor of Human Nutrition and, American University of Beirut, Lebanon

**Nutritional Status & Dietary Intake of Infants and Young Children: Results of the Lebanon FITS**  
**Dr. Lara Nasreddine** - Associate Professor of Human Nutrition, American University of Beirut, Lebanon

**Panelists interventions**

16:30 18:00 **Exhibition Hall / Lounge / Break**

**Sponsored Session**

17:30 17:45 **Professional Measurement of Body Composition**  
**Mrs. Stefanie Krämer**  
Product Manager-Medical Body Composition- SECA gmbh & co. kg, Hamburg

# IGDC Scientific Workshop Program

**Timings** **Wednesday 17th of March 2021**

**Start** **End** **Zoom Online Platform**

**Session 5** **Moderator: Dr. Habiba Ali**

18:00 18:20 **Nutrition and Immunity, Two Faces of One Coin**  
**Prof. Enas Raafat**  
Prof. Child Health, National Research Center, Consultant of Clinical Pediatric Nutrition, Vice President of Society of Respiratory Diseases and Pediatric Nutrition (SRPN), Egypt

18:20 18:40 **Exclusive Breastfeeding & Complimentary Feeding Knowledge, Attitude and Practices (KAP) and its Determinants in Dubai & Sharjah**  
**Dr. Haleama Al Sabbah**  
Associate Professor in Public Health Nutrition, Health Science Department, College of Natural & Health Sciences, Zayed University, United Arab Emirates

18:40 19:00 **Dietary Management for Newborn Diagnosis of Classical Galactosemia**  
**Ms. Masooma Al Jasmi**  
Head of Clinical Nutrition Dept. & Senior Clinical Dietitian Al Jalila Hospital, United Arab Emirates

**19:00 19:10 Break**

**Session 6** **Moderator: Dr. Fatma Al Anouti**

19:10 19:30 **Prebiotics / Probiotics & Immune Regulation in Early Life**  
**Prof. Sanaa Youssef Shaaban**  
Professor of Pediatrics, Ain Shams University and President, Arab Society of Pediatric Clinical Nutrition, Egypt

19:30 19:50 **Common Nutritional Practices that Need to be Changed in the NICU**  
**Dr. Zakariya Al Salam**  
Consultant Neonatologist, Chairman of Pediatrics, Chief Medical Officer, Saudi German Hospital, Kingdom of Saudi Arabia

19:50 20:10 **Vitamin D Deficiency in Neonates**  
**Dr. Mahmoud Elhalik**  
Consultant Neonatologist & Head of Neonatal Intensive Care Unit (NICU), Latifa Women & Children Hospital Dubai Health Authority, United Arab Emirates

20:10 20:30 **The Development of Food Preferences in Infants & Toddlers**  
**Prof. Kees de Graaf**  
Professor of Sensory Science and Eating Behavior, Chairman, Division of Human Nutrition, Wageningen University, Netherland

# IGDC Scientific Workshop Program

**Timings** **Thursday 18th of March 2021**

**Start** **End** **Zoom Online Platform**

**Session 7** **Moderator: Dr. Haleama Al Sabbah**

15:00 15:20 **Screening & Prevention of Osteoporosis**

**Dr. Arwa Al-Modwahi**

Senior Officer, Community Health, Abu Dhabi Public Health Center  
United Arab Emirates

15:20 15:40 **The Relation Between Vitamin D and Vitamin D Receptor Genetics in Osteoporosis Among Emirati Females**

**Dr. Fatma Al Anouti**

Associate Professor of Biochemistry, College of Natural & Health Sciences  
Zayed University, United Arab Emirates

15:40 16:00 **Chronological Age VS Biological Age from Nutrition Prospective**

**Dr. Khalid Al Madani**

Clinical Nutrition Consultant, Member of the Board of ILSI Middle East and Saudi  
Society for Food and Nutrition, Kingdom of Saudi Arabia

**16:00 16:10 Break**

**Session 8** **Moderator: Prof. Liliana Stojanovska**

16:10 16:30 **Healthy Food Choices to Promote Health**

**Ms. Jamila Ahmed**

Senior Specialist Health Education - Health Promotion Department

16:30 16:50 **Promoting Health and Business of Date Palm Fruits**

**Dr. Hiroki Wakamatsu**

CEO, Tokyo University of Agriculture and Technology Research Institute Co. Ltd, Japan

16:50 17:10 **Plant Based Meats: A Closer Look at this Growing Trend**

**Ms. Hala Tajrine**

Clinical Dietitian, The All England Practice, United Arab Emirates

**17:10 18:00 Exhibition Hall / Lounge / Break**

**Sponsored Session**

17:30 17:45 **Importance of Muscle and Protein Across Continuum of Care**

**Ms. Maria Camprubi Robles**

Senior Scientist, Nutrition Science EMEA, Abbott Nutrition, R&D, Spain

# IGDC Scientific Workshop Program

**Timings** **Thursday 18th of March 2021**

**Start** **End** **Zoom Online Platform**

**Session 9** **Moderator: Ms. Masooma Al Jasmi**

18:00 18:20 **An Overview of Nutrition Management for Bariatric Surgery**  
**Ms. Afra Bin Katta**  
Head of Clinical Nutrition Section & Senior Specialist Clinical Dietitian, Clinical Nutrition Dept., Dubai Hospital Dubai Health Authority, United Arab Emirates

18:20 18:40 **Decoding Eating Behaviors: Applications of ABCs in Patient Counseling**  
**Dr. Habiba Ali**  
Vice Dean, Health Sciences Division, College of Medicine and Health Sciences, UAE University, United Arab Emirates

18:40 19:00 **Patient Centricity: How to Engage Your Patient**  
**Dr. Nader Al Adawi**  
Professional Learning Partner, Senior Training Consultant, Certified Master Life Coach MBChB, DTCD, United Arab Emirates

19:00 19:20 **Intersectoral Action for Promoting Health During the Life Course (from Pediatric to Geriatric)**  
**Dr. Samar ElFeky**  
Technical Officer Community-Based Initiatives & Healthy Settings, Department of Healthier Population, World Health Organization, Regional Office of Eastern Mediterranean Region, Egypt

**19:20 19:30 Break**

**Session 10** **Moderator: Ms. Razan Swaihat**

19:30 19:50 **Mutaba'ah – Mother and Child Health Study**  
**Dr. Luai Ahmed**  
Associate Professor, Institute of Public Health, College of Medicine and Health Sciences UAE University, United Arab Emirates

19:50 20:10 **Parents-Caregiver Influences on Children's Eating Habits**  
**Ms. Muna Haway**  
Director office, Sharjah Medical District, Ministry of Health & Prevention United Arab Emirates

20:10 20:30 **Dietary Inflammatory Potential and Health Status in Young Adults**  
**Dr. Amita Attlee**  
Chair and Assistant Professor, Department of Nutrition and Health, College of Medical and Health Sciences, UAE University, United Arab Emirates

20:30 20:50 **Cinema Theaters Snacks and Extend its Danger to Society**  
**Ms. Ayda Al Bloushi**  
Senior Community Nutritionist, Tawam Hospital United Arab Emirates

# IGDC Scientific Workshop Program

**Timings**                      **Friday 19th of March 2021**

**Start**    **End**                      **Zoom Online Platform**

**Session 11**                      **Moderator: Mr. Amjad Jarrar**

15:00    15:20                      **Age-Related Changes in Energy Expenditure & Energy Requirements**  
**Dr. Mario Soares**  
Associate Professor, Public Health/Health Sciences Curtin University, Australia

15:20    15:40                      **Age-Reversing Bio-Nutraceuticals & Exercise Approaches: From Molecules to Lifestyle**  
**Prof. Ahmad Alkhatib**  
Professor of Health Nutrition and Sport Science University of Taipei, Taiwan

15:40    16:20                      **Obesity and the Ageing Brain: What are the Risks?**  
**Prof. Louise Dye**  
Professor of Nutrition & Behaviour and leads the Nutrition and Behaviour Group, Human Appetite Research Unit, School of Psychology, University of Leeds, United Kingdom

**16:20**    **16:30**                      **Break**

**Session 12**                      **Moderator: Ms. Sondos Harfil**

16:30    16:50                      **Women's Health: Managing Menopause Without Medicine Incorporating Nutrition**  
**Prof. Liliana Stojanovska**  
Professor, Department of Food, Nutrition & Health, UAE University, United Arab Emirates

16:50    17:10                      **Gestational Weight Gain & Gestational Diabetes among Emirati and Arab Women in the United Arab Emirates: Results from the MISC Cohort**  
**Dr. Hadia Radwan**  
Assistant Professor -Clinical Nutrition& Dietetics Dept. (CND), College of Health Sciences, University of Sharjah, United Arab Emirates

17:10    17:30                      **Intermittent Fasting, Caloric Restriction and Healthy Aging: What the Science Says?**  
**Dr. MoezAllIslam Faris**  
Associate Professor, Department of Clinical Nutrition & Dietetics, College of Health Sciences University of Sharjah, United Arab Emirates

**17:30**    **18:15**                      **Exhibition Hall / Lounge / Break**

18:15    19:15                      **How to Lead – Developing the Five Core Skills of Leadership Workshop**  
**Mr. Mark Hollingsworth - MBA FInstLM**  
Chief Executive, The Nutrition Society, United Kingdom

**19:15**    **19:30**                      **Break**

19:30    20:30                      **How to Get Your Paper Published Workshop**  
**Prof. Philip Calder**  
Professor of Nutritional Immunology, Faculty of Medicine, University of Southampton, Southampton, United Kingdom



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